



## Be-Attitudes

**POOR IN SPIRIT:** I can feel accepted by God when I feel most unacceptable to myself. I am a person of worth and value even though I don't have it all together.

1      2      3      4      5      6      7      8      9      10

**MOURN:** I can show my feelings and let others know when I'm hurting. I can be around others when they are hurting without feeling embarrassment. I can weep like Jesus did.

1      2      3      4      5      6      7      8      9      10

**MEEK:** I don't have to act like a hero or look like a beauty queen. I can just be myself—the person God made me.

1      2      3      4      5      6      7      8      9      10

**SPIRITUAL HUNGER:** I am more excited about God's will for my life than my own success, popularity or good time. I am excited about knowing God.

1      2      3      4      5      6      7      8      9      10

**MERCIFUL:** I can feel the pain of someone who is hurting, and care for them as God's representative. I really hurt when my friends hurt.

1      2      3      4      5      6      7      8      9      10

**PURE IN HEART:** I can be open and honest with God and others. I don't have to put on a false mask or pretend to be something that I am not.

1      2      3      4      5      6      7      8      9      10

**PEACEMAKER:** I work at keeping communication channels open and resolving conflicts—particularly with my family and friends who I love the most.

1      2      3      4      5      6      7      8      9      10

**PERSECUTION:** I can take criticism without reacting defensively or feeling self-pity. I can take the heat and stand alone if I have to.

1      2      3      4      5      6      7      8      9      10