

## Discipleship & Service Follow-Up Handout

# Discipleship & Service



### Scripture

You are like a light for the whole world. A city built on a hill cannot be hid. No one lights a lamp and puts it under a bowl; instead it is put on a lamp stand where it gives light for everyone in the house. In the same way, let your light shine before people, so that they will see the good things you do and praise your God in heaven. (Matthew 5:14-16)

### Catholic Social Teaching

...let us explore together what it means to be "poor in spirit" in a consumer society; to comfort those who suffer in our midst; to "show mercy" in an often unforgiving world; to "hunger and thirst for justice" in a nation still challenged by hunger and homelessness, poverty and prejudice; to be "peacemakers" in an often violent and fearful world; and to be the "salt of the earth and the light of the world" in our own time and place. (U.S. Catholic Bishops, *A Century of Social Teaching: A Common Heritage, A Continuing Challenge*, paragraph 12).

### Other Voices

Love cannot remain by itself – it has no meaning.

Love has to be put into action – and that action is service.

Mother Teresa of Calcutta

### Ask Yourself

- How freely do I presently share my gifts with others?
- In what ways am I already a "light for the world"?
- What more can I do to "let my light shine forth" at home and in my local community?

**Discipleship & Service**  
**Family Handout**

## ***Questions for Family Dialogue***

1. What qualities do you think should stand out in the followers of Jesus? Why?
2. What qualities do you appreciate in the other members of your family? How are these qualities similar to, or different from, the qualities you find in Jesus?
3. What are you doing, individually or as a family, to help connect faith with "real life"? To take up Jesus' challenge of discipleship here and now?

## ***Suggested Action Steps***

- Watch a video together about the life of Jesus (e.g. the video: *Jesus of Nazareth*) or about someone who lived the values that Jesus preached.
- Send a thank-you letter to someone who has had a positive effect on your life.
- Decide to attend holy week services as a family and discuss the meaning and significance of Holy Thursday, Good Friday, and Easter for your lives as disciples of Jesus Christ.
- Set aside a few minutes each week to talk about the Sunday Scripture readings and what they mean for your lives as disciples of Jesus Christ.